

## **Unit 3: Understand Children and Young People's Self-Directed Play**

**Unit reference number:** L/602/1799

**QCF level:** 3

**Credit value:** 5

**Guided learning hours:** 35

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### **Assessment requirements**

Please see annexe D for assessment requirement document.

### **Assessment methodology**

This unit is assessed in the workplace or in conditions resembling the workplace. Learners can enter the types of evidence they are presenting for assessment and the submission date against each assessment criterion. Alternatively, centre documentation should be used to record this information.

## Learning outcomes and assessment criteria

| Learning outcomes |  | Assessment criteria |  | Evidence type | Portfolio reference | Date |
|-------------------|--|---------------------|--|---------------|---------------------|------|
| 1                 | Understand the nature of freely chosen, self-directed play               | 1.1                 | explain the characteristics of freely chosen, self-directed play   |               |                     |      |
|                   |  | 1.2                 | explain the importance of observation to analyse children and young people's play  |               |                     |      |
|                   |  | 1.3                 | explain why it is important to collect information other than by observation in order to analyse children and young people's play preferences  |               |                     |      |
| 2                 | Understand the key concepts involved in children and young people's play | 2.1                 | explain the following terms, giving an example for each: <ul style="list-style-type: none"> <li>• play needs and play preferences</li> <li>• the play cycle and its component parts</li> <li>• loose parts</li> <li>• play spaces</li> </ul> |               |                     |      |
|                   |  | 2.2                 | list the 16 play types and give examples for each  |               |                     |      |

| Learning outcomes |   | Assessment criteria |  |  | Evidence type | Portfolio reference | Date |
|-------------------|---|---------------------|--|--|---------------|---------------------|------|
| 3                 | Understand how to balance requirements for health, safety and welfare with the need for stimulation, challenge and risk | 3.1                 | summarise the main health, safety and security requirements that apply to a play environment   |  |               |                     |      |
|                   |   | 3.2                 | explain the benefits of risk, stimulation and challenge during children and young people's play  |  |               |                     |      |
|                   |   | 3.3                 | explain the concept of acceptable and unacceptable risk in the context of all children and young peoples play  |  |               |                     |      |
|                   |   | 3.4                 | Evaluate the different approaches to managing risk and risk benefit analysis during children and young people's play   |  |               |                     |      |
|                   |   | 3.5                 | Explain the value of enabling children and young people to manage risk for themselves  |  |               |                     |      |
|                   |   | 3.6                 | Explain how playwork organisations seek to balance the health, safety and security of the play environment with children and young people's need for stimulation, risk and challenge |  |               |                     |      |

| Learning outcomes |  | Assessment criteria |   | Evidence type | Portfolio reference | Date |
|-------------------|--|---------------------|---|---------------|---------------------|------|
| 4                 | Be able to reflect on children and young people's play | 4.1                 | Observe play in a way that is sensitive to the children and young people involved       |               |                     |      |
|                   |  | 4.2                 | Reflect on observations of children and young people's play                             |               |                     |      |
|                   |  | 4.3                 | Collect further information about children and young people's play and play preferences |               |                     |      |
|                   |  | 4.4                 | Identify a range of different play types from own observations                          |               |                     |      |
|                   |  | 4.5                 | Evaluate the impact of adult intervention on children and young people's play           |               |                     |      |

Learner name: \_\_\_\_\_ Date: \_\_\_\_\_

Learner signature: \_\_\_\_\_ Date: \_\_\_\_\_

Assessor signature: \_\_\_\_\_ Date: \_\_\_\_\_

Internal verifier signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(if sampled)