

*Supporting development of your career*

Understanding the acronym

P.R.I.C.E.L.E.S.S

Unit 11: Care of Two Year Olds

4.1: Using the acronym *‘PRICELESS’* describe the needs of a 2 year old and how these needs are being met through their practice

**P**hysical Care:

This includes the provision of regular, nutritious meals within the nursery setting. It encompasses the warmth and love that every two year old needs to feel, and it also requires the regular provision of rest and sleep to meet the child’s development needs.

**R**outines:

Every two year old needs the provision of a regular pattern to their day. Children understand routine, and require each and every childcare setting to clearly explain any changes that are being introduced.

**I**ndependence:

Independence is at the heart of a two year olds development, it is extremely important that each individual child is actively encouraged to do things for themselves and to make choices

**C**ommunication:

Communication skills in two year olds are a vital part of individual development. It is important to provide encouragement to get them talk freely and to interact with others of all ages

**E**ncouragement and praise:

Every child must receive praise for trying, this is a positive factor that lends itself to child development. Every setting must have in place a way of praising and even rewarding, or celebrating effort as well as achievement.

**L**ove:

Love should form part of every child’s development. It has a positive effect on child development and should come freely from parents/carers. Love should be given unconditionally, with parents/carers expecting nothing back

**E**ducation:

Education in a nursery setting is linked to the Early Years Foundation Stage curriculum and must meet the requirements set out within the guidelines for this. Education must always be appropriate to the ages and levels of development of children.

**S**incerity and respect:

Children are mirrors; they reflect back to us everything we say and do. We now know that 95% of everything children learn, they learn from what is modelled for them. What we speak is what we teach. Children record every word we ever say to them or in front of them. The language children grow up hearing is the language they will speak. Children learn respect or disrespect from how we treat them and how we treat each other, it is therefore extremely important that all childcare practitioners are honest and courteous in the support of all children in their care.

**S**timulation:

Once again, linked to the EYFS, nursery settings must provide a wide range of opportunities for all children to explore their environment and tackle new challenges linked to their age and stages of development. It is important to remember that some children are much more adventurous than others and they may need to challenge themselves and try exploration at a different level.