

Unit 1.3 WB: Support physical care routines for children

Unit reference M/505/9810

Unit level 2

Credit value 2

GLH 15

Unit aim This unit provides the learner with the knowledge, understanding and skills to support children's physical care as part of a healthy lifestyle.

Learner name:

Centre no:

PIN:

ULN:

Learning outcomes The learner will:	Assessment criteria The learner can:	Evidence record eg page number & method
1. Understand the physical care needs of children.	1.1. Explain the role of the Early Years practitioner during: <ul style="list-style-type: none"> nappy changing toilet training washing and bath time care of skin, teeth and hair meal times. 	
	1.2. Identify situations in which non-routine physical care is required.	
	1.3. Describe benefits of working in partnership with parents/carers in relation to individual physical care routines.	

Learning outcomes The learner will:	Assessment criteria The learner can:	Evidence record eg page number & method
2. Be able to use hygienic practice to minimise the spread of infection.	2.1. Use hygienic practice in relation to: <ul style="list-style-type: none"> • hand washing • food hygiene • formula feed • dealing with spillages safely • safe disposal of waste • using correct personal protective equipment • cleaning and sterilisation processes. 	
3. Understand rest and sleep needs of children.	3.1. Explain the rest and sleep needs of: <ul style="list-style-type: none"> • a baby aged 6 weeks • a baby aged 7 months • a toddler aged 15 months • a child aged 2 and a half years • a child aged 4-5 years • a child aged 6-7 years. 	
	3.2. Explain safety precautions which minimise the risk of sudden infant death syndrome.	
4. Understand childhood immunisation.	4.1. Outline the reasons for immunisation.	
	4.2. Identify the immunisation schedule.	
	4.3. Explain the reasons why some children are not immunised.	

Learning outcomes The learner will:	Assessment criteria The learner can:	Evidence record eg page number & method
5. Be able to support children in personal physical care routines.	5.1. Support children in personal physical care routines in relation to: <ul style="list-style-type: none"> • toileting and/or nappy changing • washing and/or bath time • skin, teeth and hair • meal times • resting and/or sleeping. 	

Learner declaration of authenticity:

I declare that the work presented for this unit is entirely my own work.

Learner signature:

Date:

Assessor sign off of completed unit: Unit 1.3 WB

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature:

Date:

For e-portfolio, a signature is not required, providing the learner has a personalised and secure login.

Additional information about the unit:

Additional unit assessment requirements.

This unit must be assessed in line with the EYE assessment strategy and principles.